

Past Continuous Tense Lesson Plan

Objective:

Students will understand the structure and use of the Past Continuous Tense to describe actions that were ongoing in the past.

1. Introduction (5-10 mins)

- Explain the Past Continuous Tense:

Begin by defining the Past Continuous Tense as describing actions that were happening at a specific time in the past.

- Structure Review:

Present the structure: was/were + verb-ing

Examples: I was reading, They were playing

- Example Sentences:

- 'At 8 PM last night, I was watching TV.'

- 'She was playing outside when it started to rain.'

2. Guided Practice (10 mins)

- Activity: Fill in the Blanks

Provide students with sentences with missing verbs to practice the past continuous form.

Examples:

- 'I was _____ (cook) dinner when you called.'

- 'They were _____ (play) soccer at the park.'

- Sentence Pair Practice:

Divide students into pairs and have them form sentences using an action and time given by the teacher.

3. Introduction to Usage (5 mins)

- Discuss When to Use Past Continuous:

For ongoing past actions or actions interrupted by another action (e.g., 'She was walking when it started to rain.').

4. Practice with a Story (10-15 mins)

- Activity: Story Creation

Have students create short stories using the past continuous to set the scene, including an action interrupted by another.

Example: 'The sun was setting, and I was walking along the beach when suddenly a dog started barking.'

5. Fun Activity (5-10 mins)

- Activity: Mime and Guess

Choose a student to mime an activity while the class guesses what it was using the past continuous.

Example: 'Were you cooking?' or 'Were you swimming?'

6. Wrap-Up and Review (5 mins)

- Q&A Session:

Ask students to share one thing they were doing at a specific time in the past. Encourage past continuous use.

- Homework:

Assign sentences for students to complete using the past continuous.